

GOD IS OUR STRENGTH

WHEN WE ARE AFRAID

LESSON POINTS

Bible Story | Esther Gathers Strength to Go before the King Esther 4

- Esther was living in the king's palace.
- She heard that her people, the Jews, were about to be killed.
- Esther's uncle, Mordecai, wanted her to go to the king and ask him to save the Jews.
- Esther knew that if she went to the king without being invited that she might be killed.
- Esther was afraid and needed strength.
- Esther asked all the Jews to fast for 3 days.
- God gave Esther the strength to have the courage to go to the king.
- The king honored Esther's request and the Jews were saved.
- God was Esther's Strength when she was afraid.

MINISTRY IDEA

Praying for Each Other

Have children get into groups of two or three and share with each other an area that they need to stop being afraid about and/or something they need to start celebrating about. Children then pray for each other asking God to give their peers strength and help them to be brave.

DISCUSSION QUESTIONS

1. Why was Esther so afraid?
2. What did she do to ask God to give her strength?
3. What happened after Esther overcame her fears?
4. Tell of a time when you overcame a fear.
5. What kinds of fears can God help you overcome?

DRAMA SYNOPSIS #42

Piper has to write a paper for school about Memorial Day. She is afraid to talk to Chance's uncle, Lieutenant Dan, but asks God to give her the strength to do it.

ACTIVITY IDEAS

With God by our Side

Have the children draw a picture of themselves doing something they are afraid of. Have them draw God doing the exact same thing with them. Stress the fact that God is with us wherever we go. In scary situations, He is there giving us the strength to overcome our fears.

Buff Arms

Give each of the children 2 small balloons (water balloon size). Then let the children blow up the balloons as big as they can without popping them. Have them stuff their balloons into their shirt sleeves so their arms look really buff. Then explain to them that God not only provides us with physical strength, but spiritual, mental, and emotional strength.

LESSON OBJECTIVE

Children will learn that God is our Strength, and He gives us the strength to overcome fear.

LIFE APPLICATION

Through learning that God is our Strength, children will know God helps us be brave when we are afraid.

MEMORY VERSE

The LORD protects my life.
So why should I be afraid?
Psalms 27:1b