

NOT AFRAID

LESSON SNAPSHOT

BOTTOM LINE:

Trust God to provide for your needs.

OBJECTIVE:

Kids will learn to trust in God to provide what they need.

KEY PASSAGE:

Exodus 16:1-23. God Provides Manna

MEMORY VERSE:

"When I am afraid, I put my trust in you." - Psalm 56:3 (NIV)

Give all the kids a Bible. Let the kids race to see who can find the verse first. Let that child read to the group.

SUMMARY:

You might be scared of not having enough; whether it's food or money or stuff. But you can always trust God to provide for all of your needs.

SIMPLE PRAYER:

Dear God,

Please teach us to have faith in you and provide us with what we need each day.

*In Jesus' name,
Amen*

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FAMILY GAME TIME

STUFF IT

ITEMS NEEDED:

Two bags of large marshmallows
Two bowls

INSTRUCTIONS:

Set the two bowls on a table. Set the bags of marshmallows on another table ten feet away.

Pick 2 players at a time for this game. Players will race to see who can transport all of their marshmallows from the bags to the bowls first. They can take as many as they can carry in one hand on a trip, but if they drop any they have to pick them up and go back to the starting table before they get them to the bowl.

VARIATION:

You can make this game longer and more challenging by having the players carry the marshmallows one at a time balanced on a spoon.

WHAT'S THE POINT?

You may not be able to carry all the marshmallows you want in this game, but in real life, God will always give you all that you need.

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LESSON DISCUSSION QUESTIONS

ICEBREAKER

What's your favorite all-you-can-eat restaurant?

DISCUSSION QUESTIONS

Read Exodus 16:1-23

Why were the Israelites complaining?

What were the Israelites afraid of?

What food did God provide for the Israelites?

How much food were they allowed to gather each day?

Why did God want them to only take food for one day?

How does God provide for our needs?

What needs does God promise to meet for us?

SIMPLE PRAYER

Dear God,

Forgive us for the times when we worry about having enough. Give us what we need each day, and help us to trust in you.

*In Jesus' name,
Amen*

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LESSON REVIEW GAME

1. The Israelites were afraid because
 - A. they didn't know where they were going.
 - B. they were worried about having food.*
 - C. they didn't like new things.

2. God sent the people
 - A. fruit.
 - B. fish.
 - C. manna.*

3. The people were told to gather enough manna to last
 - A. a week.
 - B. the whole journey.
 - C. one day.*

4. God provided manna
 - A. every day.*
 - B. only when the people obeyed him.
 - C. once a week.

5. If we trust God, he will give us
 - A. everything we want.
 - B. everything we need.*
 - C. only our material needs.

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CRAFT ACTIVITY

Have kids draw a picture of the Israelites gathering manna.

You may want to serve a snack of Nilla wafers while the kids are drawing as well.